



SLSS 1000 ~ Student Success

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COURSE DESCRIPTION

This course will cover a large variety of topics and strategies including self-awareness, motivation, learning styles, critical thinking, personality, planning, memory, mnemonic devices, reading, note taking, test taking, communication, diversity, technology, health, stress management, career exploration, and more.

The Student Success course is designed to help you get the most out of your college experience: Through the course of the semester you will learn a powerful learning systems approach to help you develop excellence in college textbook reading, note taking, memory, and test taking, etc. This course also includes self-awareness, personal management, and critical thinking.

COURSE OBJECTIVES & LEARNING OUTCOMES

Course Learning Outcomes	UVU Essential Learning Outcomes
1. Increase self-knowledge by understanding basics of personality, interests, and values.	• Integrative and Applied Learning
2. Demonstrate an understanding of the benefits of higher education and become familiar with university culture.	• Intellectual and Practical Skills Foundation
3. Learn principles of academic self-regulation.	• People of Integrity
4. Develop learning and motivation strategies.	• Professional Competency
5. Enhance socialization by building relationships with faculty, students, and peer mentor.	• Stewards of Place
6. Identify and utilize student campus resources.	

Practice Course Selection:

You will learn in this course how to ***study smarter, not harder***. The best way to clearly see the benefits from *smart study* is to apply the accelerated learning techniques and strategies you learn.

Course Goals:

The primary aim of this course is to help you take control of your future by becoming a master student. As you become involved in campus life and learn the accelerated learning strategies, you will discover your own style that is best suited to you.

TEXTBOOKS AND INSTRUCTIONAL MATERIALS

Becoming a Master Student 16th Edition, by Dave Ellis
People Code, by Taylor Hartman

COURSE TOPICS / CHAPTERS / UNITS / TENTATIVE SCHEDULE

Introduction: What do you want?

1 – Discovering Yourself : Learning styles, Metacognition

7 - Critical Thinking: Decision making, assumptions, fallacies, etc.

2 - Time: Goal setting, organization, anti-procrastination, time management

People Code

3 - Memory: Strategies, mnemonic devices, etc.

4 - Reading: Muscle Reading strategies, SELF Inventory, etc.

5 - Notes: Cornell Notes, mind mapping, Q cards, handwriting, etc.

6 - Tests: 5-Day Test Plan, test anxiety, question strategies, etc.

8 - Communication: Basic model, active listening, sending, etc.

ASSIGNMENTS

Assignments for this course will be done both in and out of class. The assignments relate directly to what we are learning. Many of the assignments can be completed along with assignments from other courses. Simply utilize the strategy taught in this course with an assignment from another course. A successful student responsibly completes assignments on time. Late assignments will not receive full points and are not accepted after one week past the due date. No homework will be accepted during the last week of class. Students can make up missed in-class assignments by completing assignments of their choice from the chapter and topic being discussed. These assignments must be turned in within one week of discussing that particular chapter. Any questions about assignments should be directed to the teacher as soon as possible to avoid misunderstandings.

EXAMS

Exams are given in class. They will consist of Multiple Choice, True/False AND Short & Long Answer Essay Questions. You are expected to finish exams in the class period given – no extra time will be granted except for those who have made arrangements prior to the exam.

Exam #1: Self Awareness, First Steps, Critical Thinking

Exam #2: People Code, Time, Memory

Exam #3: Reading, Notes, Tests

Final – Comprehensive Multiple Choice AND Communication, Stress Management

Final – Essay Portion – Take Home Written

GRADES

You will receive the same grade for your high school course as you receive for your college course. Your grade will be based upon to following:

Assignments & Participation:	40%
Quizzes - Reading:	25%
Exams:	35%

NOTICE: Your grade for this class will become part of your permanent college transcript and will affect your GPA. A low grade in this course can affect college acceptance and scholarship eligibility

INSTRUCTOR POLICIES

Participate in all activities and discussions, making sure to use appropriate comments.

Be alert and attentive.

Be respectful of other's point of view and comments.

One person talks at one time. No talking when the teacher or other classmates are speaking.

Complete assignments to the best of your ability. All seat work must be done in class without any talking or discussion, unless otherwise stated.

All electronic devices (i.e., phones, tablets, laptops) may only be used with the instructor's permission.

Cell phones are not permitted to be used in class.

ACADEMIC STANDARDS

Each student is expected to maintain academic ethics and honesty in all its forms, including but not limited to cheating and plagiarism. Any work that is plagiarized will not be accepted and the student will forfeit credit for the assignment. If a student cheats on a test, the test will receive a score of zero. Please do your own work.

FOOD

Food is allowed in my classroom within the following guidelines:

- It is to be a snack in nature – no meals
- Drinks must have screw on lids
- All garbage is to be thrown away and not left on floor or desk
- This is a privilege and may be revoked at anytime

ATTENTION STUDENTS WITH DISABILITIES: If you have any disability, which may impair your ability to successfully, complete this course, please contact the Office of Accessibility Services (OAS), located on Campus in LC 312 or call at 801-863-8747. Academic accommodations are granted for all students who have qualified documented disabilities. All services are coordinated with the Accessibility Services office.

Disclosure Statement
Student Success
Mr. Ashman

By signing this you are stating that you understand and are willing to follow the guidelines stated. If there are any questions please feel free to contact me, or write them below. We do watch a few different movie clips and parts of TV shows that help students to understand and visualize concepts that are being taught, including an episode of The Simpson's that focuses on study habits. If you would not like your son/daughter to view The Simpson's episode – please make a note of it under your signature and they will be given an alternate assignment.

_____	_____	_____
Student (print)	Student (sign)	Date
_____	_____	_____
Parent (print)	Parent (sign)	Date